

SweSRII 2022  
Scientific Program  
Day 1

13.00 Registration

13.10 Mikael Mide – Welcome

13.15 Håkan Lagerberg, *The effect of an online Deliberate Practice course for CBT-therapists regarding patient-rated working alliance: A randomized controlled trial*

13.30 Alejandro Domínguez Rodríguez, *Internet Treatments for Latin America and Spain (ITLAS) group: Free Online psychological interventions for promoting mental health*

13.45 Björn Liliequist, *Blended cognitive behavior therapy for premature ventricular contractions*

14.00 Charlotte Mühlmann, *Implementation of Internet-based Therapy in a Suicide Prevention Clinic*

14.15 Rodrigo T. Lopes, *Optimizing cognitive-behavioral therapy for social anxiety disorder using the factorial design: what works best and how does it work?*

**14.30 Conference Group Photo and Coffee break**

15.00 Gerhard Andersson, *Adding new problems for intervention research. Should we speed up the process?*

15.15 George Vlaescu, *Internet treatment studies - Have they become easier to run? Challenges and how to handle them*

15.30 Martin Oscarsson, *Developing an internet-based stress-management program for working adults with ADHD*

15.45 Amira Hentati, *The effect of user interface on treatment engagement in a self-guided intervention: A randomized controlled trial*

16.00 Alberthe Stahlfest Møller, *Development of Internet-Delivered Cognitive Behavioral Therapy (iCBT) programs for depression and anxiety disorders*

**16.15 Break**

16.30 Alexander Rozental, *Treating perfectionism using internet-based cognitive behavior therapy: Comparing two types of treatment*

16.45 Elisabet Gervind and Mathilda Ben Salem, *The transference of research results to practise: Organization and implementation outcomes of iCBT in primary care – a mixed methods study using the RE-AIM framework*

17.00 Anna Larsson, *IMPACT (Internet-Mediated Psychological treatment - Acceptance and Commitment Therapy) in youths: The role of parental support*

17.15 Kristina Aspvall, *Stepped-care treatment for children and adolescents with obsessive-compulsive disorder: a randomized controlled non-inferiority trial*

17.30 Dorian Kern, *What can internet interventions do for individuals with type 1 diabetes mellitus?*

18.00 Dinner at La Gondola, Avenyn

## Day 2

9.00 Per Carlbring, *TRAbec: Internet-delivered transdiagnostic self-help treatments for anxiety and/or depression: Preliminary results from a full-factorial designed randomized control trial*

9.15 Nick Titov, *Demographic and symptom change in users of the Australian MindSpot Clinic during the COVID-19 pandemic*

9.30 Jiayan Pan, *Development of an online cognitive behavioral therapy program for reducing psychological distress of Chinese university students in Hong Kong*

9.45 Johanna Lätth, *Prevention of child sexual abuse on the “Darknet”: a masked, randomized and placebo-controlled trial of internet-delivered CBT for people who use child sexual*

10.00 Karoline Kolaas, *Feasibility of a low-threshold online video-delivered transdiagnostic course for common mental health problems in primary care: a single-group prospective cohort*

10.15 Charlotte Lunden, *Internet-delivered cognitive behaviour therapy for adolescents with insomnia comorbid to psychiatric conditions: A non-randomised trial*

### **10.30 Coffee break**

10.45 Erik Forsell, *Accuracy of therapists’ predictions of outcome in Internet delivered Cognitive Behavior Therapy for depression and anxiety in routine psychiatric care*

11.00 Nils Hentati Isacson, *Development of clinically actionable prediction models in internet delivered cognitive behavioral therapy: lessons and results*

11.15 Pontus Bjurner, *Validation, usability testing and development of a clinical decision support tool for iCBT*

11.30 Viktor Kaldo, *Collaboratively creating QPRED – A set of predictive patient-rated questions for ICBT (and less interesting interventions)*

11.45 Klara Lauri, *A preliminary investigation of a therapist-supported online cognitive intervention for patients with taboo obsessions*

12.00 Britta Westerberg, *An internet based intervention for adults with Autism spectrum disorder – a qualitative study of participants experiences*

12.15 Youstina Demetry, *Knocking on the Virtual Doors of Arabic-speaking Youth in Sweden through a Culturally Adapted Internet-Based Cognitive Behavioural Therapy: a Feasibility Study*

12.30 Mercedes Almela, *Wellbeing Online: A self-applied intervention to reduce symptoms of depression and anxiety in 7 countries. Study Protocol for a Randomized Controlled Trial*

12:45 Victoria Aminoff, *CoronaCope: ICBT for psychological symptoms related to the pandemic*

### **13:00 Closing**