

SweSRII 2018

Scientific Program

11:00	Registration
11:30	Viktor Kaldo <i>Welcome and practical information</i>
11:40	George Vlaescu, Linköping University <i>The Iterapi platform - What next? Developments and challenges</i>
11:55	Kerstin Blom, Karolinska Institute & Haukeland University Hospital <i>A combination treatment for comorbid insomnia and depression vs. depression treatment and placebo - a randomized trial</i>
12:10	Lunch
13:00	Philip Lindner, Stockholm University <i>Moving Virtual Reality interventions out from the lab and into clinics and homes: Three ongoing and planned effectiveness studies in Sweden and usage data from a 1st-generation public app</i>
13:15	Tomas Nygren, Linköping University <i>Internet-based treatment of depressive symptoms in a Kurdish population: a randomized controlled trial</i>
13:30	Erik Forsell, Karolinska Institute <i>Early change in symptom measures to predict treatment failure in regular care ICBT for depression, social phobia and panic disorder</i>
13:45	Reidar Nævdal and Kjersti Skare, Haukeland University Hospital, Bergen <i>Personalised Internet-delivered treatment for comorbid mental disorders: protocol for a randomised controlled non-inferiority trial</i>
14:00	Sarah Vigerland, Karolinska Institute <i>Disseminating Internet-delivered CBT for Children in an Outpatient Clinic in Rural Sweden – an ongoing study</i>

14:15	Charlotte Mühlmann, Danish Research Institute for Suicide Prevention <i>The Self-help Online against Suicidal Thoughts (SOS) Trial – first results from a Danish randomized controlled trial</i>
14:30	Amanda Simonsson, Svenska internetbehandlingsregistret (SibeR) <i>Preparing for Dissemination and Implementation of iCBT in Routine Primary Care in Uppsala County</i>
14:45	Coffee break
15:15	Gerhard Andersson, Linköping University <i>Tailored internet treatment for depression. A factorial design trial on the role of support and choice of treatment components</i>
15:30	Alexander Miloff, Stockholm University <i>Rapid evaluation of exposure therapy technologies using physiological response: a randomized cross-over trial</i>
15:45	Frida Wickberg and Fredrik Johansson, BUP Stockholms Läns Landsting <i>ICBT for OCD in children and adolescents with co-morbid ASD</i>
16:00	Matilda Berg, Linköping University <i>Guided internet-based Cognitive Behavioural Therapy for Adolescents With Anxiety – A Factorial Design Study</i>
16:15	Martin Kraepelien, Karolinska Institute <i>Individually tailored ICBT in routine psychiatric care</i>
16:30	Fruit break
16:45	Alexander Rozental, Karolinska Institute <i>Treating procrastination using cognitive behavior therapy: A pragmatic randomized controlled trial comparing treatment delivered via the Internet or in groups</i>
17:00	Fabian Lenhard, Karolinska Institute <i>The internet intervention Patient Adherence Scale (iiPAS): Development and psychometric evaluation in a clinical sample of children and adolescents</i>

17:15 Nils Gasslander, Uppsala University
Tailored Internet-Delivered Cognitive Behavioral Therapy for Patients with Chronic Pain and Comorbid Psychiatric Distress

17:30 Per Carlbring, Stockholm University
Social Anxiety Disorder: Diagnostic Specific Treatment vs. Unified Protocol

17:45 *Closing and Dinner (just outside the meeting room Weber)*